

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 am	Private Classes	Private Classes	Private Classes	Private Classes	Private Classes		
8:00 am	Private Classes	Private Classes	Private Classes	Private Classes	Private Classes		
9:00 am	Private Classes	Private Classes	Private Classes	Private Classes	Private Classes		
10:00 am	Private Classes	Private Classes	Private Classes	Private Classes	Private Classes	Teens (Age 12-14)	
11:00 am	Private Classes	Private Classes	Private Classes	Private Classes	Private Classes	Wrestling	Module 2
12:00 pm	Module 2	Module 1	Module 2 (No-Gi)	Module 1	Module 2	Open Mat	
1:00 pm							
2:00 pm	Private Classes	Private Classes	Private Classes	Private Classes	Private Classes		
3:00 pm	Private Classes	Private Classes	Private Classes	Private Classes	Private Classes		
4:15 pm	Kids (Age 5-7)	Kids (Age 3-4)	Kids (Age 5-7)	Kids (Age 1-2)	Kids (Age 5-7)		
5:00 pm	Kids (Age 8-11)	Teens No-Gi (Age 12-14)	Kids (Age 8-11)	Teens (Age 12-14)	Kids (Age 8-11)		
6:00 pm	Module 1	Module 2 (No-Gi)	Module 1	Module 2	Module 1		
7:00 pm	Module 2	Module 1	Module 2	Module 1	Module 2 (No-Gi)		
8:00 pm	Advanced (No-Gi)	Advanced	Advanced (No-Gi)	Advanced			
9:00 pm							
10:00 pm							